



I N S I G H T
Southwark

Quarter 1 Activity Report 2010/11

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BLenheim CDP
THE LONDON DRUG AGENCY

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Introduction

Quarter 1 of 2010/11 has consisted in part of a lead in period, Newly recruited staff and those transferred from the previous service via the TUPE process have been inducted into the organisation, internal systems and policies have been agreed and implemented, and external partnerships have been negotiated. This activity report will detail what has been achieved in this first quarter in terms of service set up, and planned developments and work agreed in Quarter 2.

Quarter 1 - Achieved	Quarter 2 schedule
<p><u>TUPE transfer</u></p> <p>Two staff from Lewisham Council (CDEP) and one from Southwark council transferred to Blenheim CDP on 01.05.10.</p> <p>One member of staff who transferred via the TUPE process has been off work sick since 05.05.10. They have been in dialogue with the Development Manager and Resources Director, and it has been requested that a referral to Occupational Health is made shortly, to discuss adaptations to the role and other options,</p>	<p>In conjunction with HR, management of the impact of long term sickness, and support for staff member through referral to occupational health and subsequent discussions.</p>
<p><u>Recruitment</u></p> <p>Full time Project Team Leader commenced employment on 06.04.2010.</p> <p>Full time project administrator commenced employment on 10.05.10.</p> <p>Two full time project workers have been offered posts and are awaited a start date for employment, subject to their CRB clearance and references. An additional candidate has been offered sessional work, and is also awaiting a start date.</p>	<p>During Q2 we will be evaluating the impact of the long term sickness in the team, and likely look to expand the relief bank of staff to cover the cost of this absence.</p> <p>The three new workers will be subject to the induction process.</p> <p>Two further sessional workers to be recruited for evening and ad hoc cover.</p>

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<p><u>Induction, Learning & Development</u></p> <p>Supporting five staff commencing within one month and coming to the organisation via differing routes has been a significant management task.</p> <p>An external group supervisor has been appointed, and facilitates a monthly group in which clinical issues can be openly and safely discussed but also where issues of team formation and constructive feedback can be taken.</p> <p>All staff (bar the member who is sick has received the organisational induction from the Client Services Directorate, received one-to-one managerial supervision and inductions.</p> <p>The team has also been training in NDTMS and Bomic as a case management system. This allows client work to be monitored effectively and the requirements of the core data set are met.</p>	<p>Two new full time staff and 1 new sessional worker will be inducted into the organisation and the service.</p> <p>The team will be attending four days of bespoke training in August, focussing on Advanced Safeguarding, Personal Safety in Detached Youth Work Setting, Establishing a Safety Culture and Working with Vulnerable Groups.</p>
<p><u>Premises</u></p> <p>Our offer of £30k + VAT for first 3 years, rising to £32,000 + VAT for years 4 and 5, plus £7k service charges (capped) has been accepted by the landlords of Units 15 & 16 O Central. We are close to signing a lease and are approaching architects about plans.</p> <p>An application for change of use from B1 to D1 has been submitted to Southwark Council's planning department, with the initial consultation period ending 07.07.2010. Planning Aid for London are managing the application process on behalf of Blenheim CDP.</p>	<p>Should the application be approved, we will immediately seek to have a lease agreed and signed, and commence building works.</p> <p>Should the application be sent to planning committee – for example, if objections have been made by residents during the consultation period, we will begin planning consultation documents and meetings with residents and stakeholders, with support from Planning Aid for London.</p> <p>The O Central site is an ideal in terms of service provision and location, so securing it is a key strategic priority in the medium term service development.</p>
<p><u>Borough Partnerships</u></p>	<p>Ongoing review of care pathways with other providers. In consultation with the DAT, we hope to establish a Young People's</p>

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<p>Joint working agreements have been agreed between Insight Southwark and:</p> <p>Southwark Inclusive Learning (SILS) – Anthony Peltier, Executive head teacher: covering referral pathways, information sharing and safe working arrangements within pupil referral units</p> <p>Southwark Looked After Children – Chris Saunders: covering referral pathways, information sharing, the development of an integrated screening tool and joint cover of LAC drop-in from September 2010</p> <p>Southwark Youth offending Service – Samuel Robinson, Resettlement Manager: covering referral pathways and information sharing for young people on referral orders and Youth Rehabilitation Requirements, reporting arrangements and fortnightly satellite slots</p> <p>Gateway Foyer, Look Ahead – Mike Bransback, Operations Manager: covering referral pathway, information sharing, joint action planning and a fortnightly satellite at the hostel</p>	<p>Drug Reference Group, in which treatment providers and those closely linked can discuss joined up approaches to data management, information sharing, and develop protocols for Tier 4 treatment access, needle exchange and prescribing.</p>
<p><u>DUST training</u></p> <p>There was some delay in commencing the roll out of DUST training, pending the team being trained in the delivery of the training to professionals on 24.06.10.</p> <p>The first session to workers from the Area Youth Teams (3), SILS (3), YOS (3) and Arrest Referral teams (2) on 08.07.2010. The second date will be Thursday 22nd July</p> <p>No dates are set for August as feedback from teams was that annual leave would mean a low uptake.</p>	<p>Dates to be set for training in September, October and November. Evaluation forms to be considered in training meetings and inform any improvements required.</p>

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<p>The DUST training package has been revised to fit into a half day session, incorporating drug awareness information. This should enable more staff to take up the training.</p>	
<p><u>Events</u></p> <p>We successfully supported the Bermondsey Carnival in July, as part of the strategy of publicising the service and also to deliver ad hoc advice and information to young people, parents and others attending the carnival.</p>	<p>We have stands booked at the Rockingham and Mix Festivals in August, where we will be distributing literature, giving advice and information regarding drugs and alcohol, and using interactive engagement tools including the drug box and "beer goggles".</p>

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Referrals

Source	Number
Police	2
SILS	2
AACS	3
YOS	6
Looked After Children	2
Self	1
Total Quarter 1	16

In quarter 2 we will be targeting services with whom contact has been made but who have not yet referred – Look Ahead, Youth Services, Connexions.

Service User Involvement

Two clients were consulted on a 1:1 basis about the new assessment tools, with their feedback used to inform the layout and some of the language.

Two service user focus groups are scheduled for August. Service users will have the opportunity to inform development of the service, receive some harm reduction information, and be rewarded with a mobile phone credit voucher.

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<p><u>Tier 2 / Targeted Activity</u></p> <table border="1" data-bbox="273 258 1052 619"> <thead> <tr> <th><u>Activity</u></th> <th><u>Satellite</u></th> <th><u>YP A&I (Advice & Information)</u></th> <th><u>Prof A&I</u></th> <th><u>Parent/ Carer A&I</u></th> </tr> </thead> <tbody> <tr> <td>No. of contacts</td> <td>5</td> <td>109</td> <td>13</td> <td>3</td> </tr> </tbody> </table>	<u>Activity</u>	<u>Satellite</u>	<u>YP A&I (Advice & Information)</u>	<u>Prof A&I</u>	<u>Parent/ Carer A&I</u>	No. of contacts	5	109	13	3	<p>In quarter 2 we will continue to deliver satellites at the YOS and Gateway foyer,</p> <p>Workshops will continue in the Pupil Referral units - Monday 05th J Summer House PRU – 1 workshop Sils 3 – 3 workshops Sils + - 1 workshop, St Michaels College. Feedback from the workhops delivered in the pupil referral units has been extremely positive, from both teachers and pupils, and from discussions around referral processes and information sharing we anticipate a flow of referrals to tier 3 as a result of this work</p> <p>Sessions are also booked in conjunction with Area 3 detached team throughout the summer.</p> <p>Forms that capture demographic data on young people receiving universal / targeted interventions around substance use are now being used, and will enable us to evaluate the diversity of young people receiving advice, information and signposting.</p>
<u>Activity</u>	<u>Satellite</u>	<u>YP A&I (Advice & Information)</u>	<u>Prof A&I</u>	<u>Parent/ Carer A&I</u>							
No. of contacts	5	109	13	3							
<p><u>Tier 3 / Specialist Activity</u></p> <p>There have as yet been no discharges; the figures below relate to care planned interventions commenced in Quarter 1.</p> <table border="1" data-bbox="190 976 1102 1332"> <tbody> <tr> <td>Total active Tier 3</td> <td>6</td> </tr> <tr> <td>Gender</td> <td>Male 3 Female 3</td> </tr> <tr> <td>Referral Source</td> <td>PRU - 2 Family - 4 Social Services - 1 YOT - 1</td> </tr> <tr> <td></td> <td></td> </tr> </tbody> </table>	Total active Tier 3	6	Gender	Male 3 Female 3	Referral Source	PRU - 2 Family - 4 Social Services - 1 YOT - 1			<p>Some minor teething problems around referral processes between Insight and CLA & YOS have now been resolved, so we anticipate a steady flow of referrals directly to Tier 3 from these providers.</p> <p>The CAMHs substance misuse specialist now has 50% of their time dedicated to the young people’s service, which will also generate referrals directly into Tier 3. The staff member has attended 3 service clinical meetings, and already proved to be an invaluable resource for assessing whether a CAMHs referral is appropriate, or whether key-work with input from the psychology post is more suitable.</p> <p>A formal SLA between Insight Southwark, CAMHs and the DAT needs to be agreed, but has been delayed due to a management vacancy at CAMHs.</p>		
Total active Tier 3	6										
Gender	Male 3 Female 3										
Referral Source	PRU - 2 Family - 4 Social Services - 1 YOT - 1										

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Post code	SE15 - 1 SE16 - 1 SE17 - 1 SE22 - 1 SE5 - 1 SW15 - 1	A meeting with CAMHs to discuss existing care pathways for Tier 4 treatment, needle exchange and prescribing is scheduled for 10.07.10, with a view to agreeing a borough wide protocol in which SLaM and Insight Southwark work in partnership.
Primary Drug	Herbal Cannabis - 4 Alcohol - 1 Nicotine - 1	
Secondary Drug	Alcohol - 1 Nicotine - 1	
Ethnicity	Black African 1 Black Caribbean 1 White Irish / British Mixed 1 White British 3	
Dual Diagnosis Registered disabled Statement of SEN	1 0 2	

No onward referrals have yet been made for young people accessing the service.

Presenting issues of referrals so far have been mostly herbal cannabis and skunk, but at least two clients have complex needs around ADHD, a mental health diagnosis, and / or have young children in local authority care. We are pleased to see an even split between male and female service users, and will be monitoring diversity closely as referrals increase alongside targeted activity.

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Family Work One parent is currently receiving structured support from the service, in coping with the impact of her son's drug use and offending behaviour.	Family support groups starts Wednesday 14 th July, fortnightly from 4.00pm to 6.00pm, at Cator Street. This was begun in May, however following low uptake we decided to promote the group with a mail drop and emails to key local services, and recommence in Q2.

Summary

Insight Southwark now has a stable core team of staff, and will soon be fully staffed with a small bank of sessional workers.

Cator Street is a useful administrative base for the team, however opportunities to deliver group activities are limited from this site. We are committed to securing O Central, in line with vision for the service as a hub to which young people can come to experience a range of learning activities, with substance misuse information and interventions woven through.

Quarter 2 will continue to be a period of development for the service, in terms of recruiting new staff, building on new relationships with providers, and linking with the youth service sessions to deliver universal work. As the profile and reputation of the service grows we anticipate a steady rise in referrals, and have contingency plans in place to maintain continuous delivery during a possible relocation period.

Along with BCDP's other service provision for young people, monthly meetings of the YP SMS Development Group are taking place, the aims of which are to review and develop effective and innovative practice with young people, improve performance management and review staff learning and development needs. This builds on BCDP's ongoing commitment to improvement through evidence based practice, through its partnership with King's College Institute of Psychiatry and its effectiveness agenda, as demonstrated through its recent research around TOPS (Treatment Outcomes Profile) and its national training programme for ITEP.

Development moving into Quarter 2 is very encouraging, and provides a sound foundation to rapidly increase numbers of young people in Southwark receiving a specialist substance misuse intervention, as well as those receiving briefer, targeted interventions around drugs and alcohol.

ⁱ Report prepared by Liz Barter, Development Manager, Insight Southwark 07.07.2010.